

**HYMN OF THE GIFTS:** 'Take this Moment' – (607)

**COMMUNION HYMNS:** 'As Your Family Lord, See Us Here' – (43)

'Be Still, for the Presence of the Lord' – (60)

'I am the Bread of Life' – (284)

### POST COMMUNION

Lord of all mercy,  
we your faithful people have celebrated that one true sacrifice  
which takes away our sins and brings pardon and peace:  
by our communion keep us firm on the foundation of the gospel  
and preserve us from all sin; through Jesus Christ our Lord.

### FINAL HYMN: On this Baptism Day, God We Thank You

On this Baptism day, God we thank you  
for the water, new life and call.

For this child given life by your Spirit  
the potential offered to us all  
**Praise the Father! Praise the Spirit!**  
**Praise the Son on this Baptismal Day**  
**For the gift of life is precious**  
**So, we worship God today.**

We baptise in response to our maker.  
Who has promised to be our guide.  
We rejoice for new life God has given  
and his pledge to travel by our side.

#### Chorus

Lord we praise you for Jesus our Saviour,  
for your love that he showed on earth.  
How he offers us life by his Spirit  
showing us the way to our new birth.

#### Chorus

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*I baptize you in the name  
of the Father and of the Son  
and of the Holy Spirit*

**10th Sunday after Trinity**

**4th August 2024**

### GATHERING HYMN: 'Today I Awake'

Today I awake and God is before me,  
at night, as I dreamt, he summoned the day  
for God never sleeps, but patterns the morning  
with slithers of gold or glory in grey.

Today I arise and Christ is beside me.  
He walked through the dark to scatter new light.  
Yes, Christ is alive, and beckons his people  
to hope and to heal, resist and invite.

Today I affirm the Spirit within me  
at worship and work, in struggle and rest.  
The Spirit inspires all life which is changing  
from fearing to faith, from broken to blessed.

Today I enjoy the Trinity round me,  
above and beneath, before and behind;  
the Maker, the Son, the Spirit together –  
they called me to life and call me their friend.

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### COLLECT:

God of glory, the end of our searching,  
help us to lay aside all that prevents us from seeking your kingdom,  
and to give all that we have to gain the pearl beyond all price,  
through our Saviour Jesus Christ. **Amen.**

### FIRST READING

**1 Kings 19: 4–8**

Elijah then walked another whole day into the desert. Finally, he came to  
a large bush and sat down in its shade. He begged the Lord, "I've had  
enough. Just let me die! I'm no better off than my ancestors." Then he lay  
down in the shade and fell asleep. Suddenly an angel woke him up and  
said, "Get up and eat." Elijah looked around, and by his head was a jar of



water and some baked bread. He sat up, ate and drank, then lay down and went back to sleep.

Soon the Lord's angel woke him again and said, "Get up and eat, or else you'll get too tired to travel." So Elijah sat up and ate and drank.

The food and water made him strong enough to walk 40 more days. At last, he reached Mount Sinai, the mountain of God.

For the word of the Lord                   **Thanks be to God**

## **SECOND READING**

**Ephesians 4.25 – 5:21**

We are part of the same body. Stop lying and start telling each other the truth. Don't get so angry that you sin. Don't go to bed angry and don't give the devil a chance. If you are a thief, quit stealing. Be honest and work hard, so you will have something to give to people in need. Stop all your dirty talk. Say the right thing at the right time and help others by what you say. Don't make God's Spirit sad. The Spirit makes you sure that someday you will be free from your sins.

Stop being bitter and angry and mad at others. Don't yell at one another or curse each other or ever be rude. Instead, be kind and merciful, and forgive others, just as God forgave you because of Christ. Do as God does. After all, you are his dear children. Let love be your guide. Christ loved us and offered his life for us as a sacrifice that pleases God.

You are God's people, so don't let it be said that any of you are immoral or indecent or greedy. Don't use dirty or foolish or filthy words. Instead, say how thankful you are. Being greedy, indecent, or immoral is just another way of worshiping idols. You can be sure people who behave in this way will never be part of the kingdom that belongs to Christ and to God.

Don't let anyone trick you with foolish talk. God punishes everyone who disobeys him and says foolish things. So don't have anything to do with anyone like that. You used to be like people living in the dark, but now you are people of the light because you belong to the Lord. So act like people of the light and make your light shine. Be good and honest and truthful, as you try to please the Lord. Don't take part in doing those worthless things that are done in the dark. Instead, show how wrong they are. It is disgusting even to talk about what is done in the dark. But the light will show what these things are really like. Light shows up everything, just as the Scriptures say,

“Wake up from your sleep

and rise from death.

Then Christ will shine on you.”

Act like people with good sense and not like fools. These are evil times, so make every minute count. Don't be stupid. Instead, find out what the Lord wants you to do. Don't destroy yourself by getting drunk, but let the Spirit fill your life. When you meet together, sing psalms, hymns, and spiritual songs, as you praise the Lord with all your heart. Always use the name of our Lord Jesus Christ to thank God the Father for everything. Honour Christ and put others first.

For the word of the Lord                   **Thanks be to God**

**GOSPEL HYMN—** ‘He’s Got the Whole World in His Hand’ – (268)

**We sing verse 5 after the Gospel Reading**

## **GOSPEL**

**John 6.35 & 41-51**

Jesus replied: I am the bread that gives life! No one who comes to me will ever be hungry. No one who has faith in me will ever be thirsty.

The people started grumbling because Jesus had said he was the bread that had come down from heaven. They were asking each other, “Isn't he Jesus, the son of Joseph? Don't we know his father and mother? How can he say that he has come down from heaven?”

Jesus told them: Stop grumbling! No one can come to me, unless the Father who sent me makes them want to come. But if they do come, I will raise them to life on the last day. One of the prophets wrote, “God will teach all of them.” And so everyone who listens to the Father and learns from him will come to me.

The only one who has seen the Father is the one who has come from him. No one else has ever seen the Father. I tell you for certain that everyone who has faith in me has eternal life. I am the bread that gives life! Your ancestors ate manna in the desert, and later they died. But the bread from heaven has come down, so that no one who eats it will ever die. I am that bread from heaven! Everyone who eats it will live forever. My flesh is the life-giving bread I give to the people of this world.

After This is the Gospel of the Lord.                   **Praise to you, O Christ.**