

*An order for the
Holy Eucharist
in Lent*



the parish of
St George the Martyr
Shirley

What is Lent?

Lent is time of stripping away - the church is bare of flowers and by the end of Lent all ornament is taken away – the church is at its starkest. We stand before the bare wood of the cross. As we do so, we ask to be stripped of all that is unnecessary in our lives – the burden of hanging on to our self-made identity, our self-made riches, our self-made isolation. We bare our very selves to God.

Lent is a time of journeying - as we travel with Jesus into the desert; on the way to Jerusalem; on his entry into Jerusalem on Palm Sunday; to the upper room on Maundy Thursday and on his final journey to the cross and tomb on Good Friday. On Holy Saturday we pause with him – rest with him – abide with him. We ponder the journey to come – the journey beyond the tomb and great festival of Easter.

Lent is a time of penitence – when we recognize that we cannot earn God’s love, forgiveness and mercy. We can only stand in his grace and wonder at his utter generosity in the face of our unworthiness.

Lent is characterised by fasting, prayer and acts of service.

*The sacrifice of God is a broken spirit;
a broken and contrite heart, O God, you will not despise.*

Psalm 51.18

Large Print copies of this service are available – if you would like one, please ask.

The Gathering

At the entry of the ministers a hymn may be sung.

We meet in the presence of God
who knows our needs,
hears our cries,
feels our pain,
and heals our wounds.



The Greeting

The president greets the people.

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Words of welcome or introduction may be said.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

The Commandments may be read here using the text on the inside back cover.

Prayers of Penitence

Deacon The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

(either)

Wash away all my iniquity
and cleanse me from my sin.

Lord, have mercy.

Lord, have mercy.

Against you, you only have I sinned
and done what is evil in your sight.

Christ, have mercy.

Christ, have mercy.

Create in me a pure heart, O God,
and renew a steadfast spirit within me.

Lord, have mercy.

Lord, have mercy.

(or)

In the wilderness we find your grace;
you love us with an everlasting love.

Lord, have mercy.

Lord, have mercy.

There is none but you to uphold our cause;
our sin cries out and our guilt is great.

Christ, have mercy.

Christ, have mercy.

Heal us, O Lord, and we shall be healed;
restore us and we shall know your joy.

Lord, have mercy.

Lord, have mercy.

(or)

**Almighty God,
long-suffering and of great goodness:
I confess to you,
I confess with my whole heart
my neglect and forgetfulness of your commandments,
my wrong doing, thinking, and speaking;
the hurts I have done to others,
and the good I have left undone.
O God, forgive me, for I have sinned against you;
and raise me to newness of life;
through Jesus Christ our Lord.
Amen.**

Absolution

Hear now the words of grace:
Your sins are forgiven,
in the name of the living God,
†Father, †Son, and †Holy Spirit.
Amen.

The Liturgy of the Word

The Collect

The president reads the appropriate prayer for the week

The Readings

A gradual hymn may be sung or the words of the Kyrie in one of these forms with or without verses

**Kyrie eleison
Christe eleison
Kyrie eleison**

**Kyrie, Kyrie eleison
Christe, Christe eleison
Kyrie, Kyrie eleison**

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

Gospel

We turn to face the Gospel party

Gospeller Praise to you, O Christ, King of eternal glory.

The Lord is a great God,

O that today you would listen to his voice.

Harden not your hearts.

Praise to you, O Christ, King of eternal glory.

Gospeller The Lord be with you

and also with you.

Gospeller A reading from the Holy Gospel according to ...

Glory to you, O Lord.

At the end of the Gospel reading

Gospeller This is the Gospel of the Lord.

Praise to you, O Christ.

We sit to listen to the sermon.

Affirmation of Faith

Deacon Let us affirm our faith in Jesus Christ the Son of God.

Though he was divine,

he did not cling to equality with God,

but made himself nothing.

Taking the form of a slave,

he was born in human likeness.

He humbled himself

and was obedient to death,

even the death of the cross.

Therefore God has raised him on high,

and given him the name above every name:

that at the name of Jesus

every knee should bow,

and every voice proclaim that Jesus Christ is Lord,

to the glory of God the Father.

Amen.

Prayers of Intercession

In the power of the Spirit,
and in union with Christ,
let us pray to the Father.



At the end of the prayers

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

We stand as the president introduces the peace with these or similar words

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

(or)

Christ is our peace.
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.

The peace of the Lord be always with you
and also with you.

Deacon Let us offer one another a sign of peace.

We share a handshake with those around us

Preparation of the Table

An Offertory Hymn may be sung

God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.

Amen.

This is the table not of the church, but of the Lord.
It is to be made ready for those who love Him
and who want to love Him more.
So come, you who have much faith
and you who have little.
You who have been here often
and you who have not been for a long time.
You who have tried to follow and you who have failed.
Come, not because I invite you; it is our Lord.
It is His will that those who want Him
should meet Him here.

The Eucharistic Prayer

The Lord be with you (or) The Lord is here.
and also with you. **His Spirit is with us.**

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.



For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.

Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *singing*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.
On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Deacon Jesus Christ is Lord:
**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Lord of all life, help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with our Lady, the Blessed Virgin Mary,
St George, [N] and all the saints
to feast at your table in heaven.

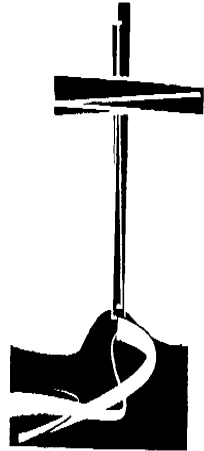
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Standing at the foot of the cross,
as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**



Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

**Lamb of God, you take away the sin of the world,
have mercy on us.
Lamb of God, you take away the sin of the world,
have mercy on us.
Lamb of God, you take away the sin of the world,
grant us peace.**

(or)

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us peace.**

Giving of Communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

(or)

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The prayer of humble access

**Most merciful Lord,
your love compels us to come in.
Our hands were unclean,
our hearts were unprepared;
we were not fit
even to eat the crumbs from under your table.
But you, Lord, are the God of our salvation,
and share your bread with sinners.
So cleanse and feed us
with the precious body and blood of your Son,
that he may live in us and we in him;
and that we, with the whole company of Christ,
may sit and eat in your kingdom.
Amen.**

All are welcome at the altar. If for any reason you feel unable to receive the blessed bread and wine at the time of communion, please do still come forward to receive a sign of God's blessing – simply bow your head and keep your hands lowered.



Prayers after Communion

The sacrifice of God is a broken spirit;
a broken and contrite heart, O God, you will not despise.

The president reads the appropriate prayer for the week

The Post-Communion Prayer

**Almighty God, we thank you for feeding us
with the body and blood of your Son, Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

(or)

**Father of all, we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

When Junior Church meet, the children are invited to give feedback after which this prayer may be said by all.

Lord Jesus, we thank you for the children and young people of this parish family. Bless and guide all those who encourage them on their journey of faith, today and always. Amen

The notices and any banns of marriage are read.

The Dismissal

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of almighty God,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

(or)

God,
who from the death of sin raised you to new life in Christ,
keep you from falling and set you in the presence of his
glory; and the blessing of almighty God,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Deacon Go in peace to love and serve the Lord.

In the name of Christ. Amen.

A final hymn may be sung as the choir and clergy leave

Please come and meet each other and enjoy a chat over a cup of fairtrade tea or coffee in the Hall behind the Church after the 10am Sunday service.

The Ten Commandments

Hear these commandments which God has given to his people, and examine your hearts.

I am the Lord your God: you shall have no other gods but me. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

Response **Amen. Lord, have mercy.**

You shall not make for yourself any idol. God is spirit, and those who worship him must worship in spirit and in truth. **R**

You shall not dishonour the name of the Lord your God. You shall worship him with awe and reverence. **R**

Remember the Sabbath and keep it holy. Christ is risen from the dead: set your minds on things that are above, not on things that are on the earth. **R**

Honour your father and mother. Live as servants of God; let us work for the good of all, especially members of the household of faith. **R**

You shall not commit murder. Live peaceably with all; overcome evil with good. **R**

You shall not commit adultery. Know that your body is a temple of the Holy Spirit. **R**

You shall not steal. Be honest in all that you do, and care for those in need. **R**

You shall not be a false witness. Let everyone speak the truth. **R**

You shall not covet anything which belongs to your neighbour. Remember the words of the Lord Jesus: 'It is more blessed to give than to receive.' Love your neighbour as yourself, for love is the fulfilling of the law. **R**

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<i>Toddler Church</i>	JUNIOR CHURCH	YOUTH CHURCH
<p>Age 0 - 3yrs</p> <p>There is a well-resourced and carpeted area at the back of the church where adults with young babies or toddlers are welcome to go during the service if they feel they need a change of scene. This area has a speaker system so you are still able to be involved in the service.</p>	<p>Age 3yrs to Year 5</p> <p>Junior Church meets in the Church Hall just before 10am where they have their own session including stories, prayers, craft activities, music, etc. They come into church during communion for a blessing and sit with the leaders for the remainder of the service. They have an opportunity to share with the congregation what they have been doing.</p>	<p>Year 5/6 - Year 11</p> <p>Youth Church starts in Church at 10.00am and then go to the Choir Vestry during the end of the first hymn. Here they have their own session with teaching, discussion, reflection, prayer, etc. They return to their families in time for communion.</p>
<p>All groups for children and youth are supported by at least 2 approved adults</p>		

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