



**St George's Church, Shirley**  
*a member of*  
*Churches Together in Shirley*

# LENT

# 2019

**Nothing More and Nothing Less** is a new and original Lent course by Virginia Moffatt, which uses the powerful, multi-award winning film **I, Daniel Blake**, directed by Ken Loach and written by Paul Laverty, as an opportunity for us to question why so many people in our society are suffering, what causes injustice and oppression - looking at examples from Jesus' time as well as today - and what we can do in response.

The course is based around five weekly group sessions entitled

- Systems of Oppression;
- Staying Human;
- Compassion in the Darkness;
- Fighting Back or Giving In?;
- The Suffering Servant;

***for dates and times see over***

*The film showing on*  
***Sunday 10<sup>th</sup> March 6.00pm***  
*will be free. The first 20*  
*copies of the course book*  
*will cost £5.00 (RRP £6.99)*



In 1966 Ken Loach caused a political storm with his classic film *Cathy Come Home*. Some 50 years later his film **I, Daniel Blake** shone a spotlight on the puzzling and punitive benefits system which many assume is a safety net.

This **FREE** screening on **Sunday 10<sup>th</sup> March** launches this year's Lent Course. Building on the success of last year's course based on *Les Miserables*, this year's is open to anyone (aged 15+) especially those from one of the Shirley Churches.

Each of the 5 sessions includes suggested clips to watch as a group, reflection points and discussion starters, a suitable Bible reading and prayers, and a short section of suggestions for ways in which course members could make a positive practical response.



*Please feel free to mix and match the sessions to suit you best.*

Session	Tues 1.00pm	Tues 7.30pm	Sun 6.00pm
Film			10 <sup>th</sup> Mar
1	12 <sup>th</sup> Mar	12 <sup>th</sup> Mar	17 <sup>th</sup> Mar
2	19 <sup>th</sup> Mar	19 <sup>th</sup> Mar	24 <sup>th</sup> Mar
3	26 <sup>th</sup> Mar	26 <sup>th</sup> Mar	31 <sup>st</sup> Mar
4	2 <sup>nd</sup> Apr	2 <sup>nd</sup> Apr	7 <sup>th</sup> Apr
5	9 <sup>th</sup> Apr	9 <sup>th</sup> Apr	14 <sup>th</sup> Apr
The Film and all sessions will be held at St. George's Church, Elstan Way, Shirley CR0 7PR Bus 367 - Glade Gardens Stop			

To book one of 50 places or for more information, register at Eventbrite using the following URL <https://tinyurl.com/ycm8q23o> or phone **Revd Barry Hengist** on **020 8654 8747** or **07947 068209** or email [vicarstgeorge@gmail.com](mailto:vicarstgeorge@gmail.com)