

## **Posada**

Posada is an old Mexican tradition where young people dressed as Mary and Joseph travelled from house to house asking for a room for the night and telling people about the imminent arrival of Jesus in the weeks leading up to Christmas.

Modern day Posada uses nativity figures of Mary and Joseph who also travel from place to place. This gives each 'host' the chance to create their own celebration in their home, perhaps reaching out to their communities with the real message of Christmas, making room for Jesus in their lives.

We at St George's held a Posada a few years ago but we felt it right to revive the custom this year and embrace it to capture more of the season of Advent leading up to Christmas itself.

### **What is involved?**

All participants need to do is add their name to the Journey Rota, for a day and night (or more) that will suit them, to 'host' Mary and Joseph. They can then contact the next person on the Journey Rota and make arrangements to bring the figures to the next 'host' at a time to convenient to both.

For the days or evenings the 'host' looks after Mary and Joseph you can choose to do whatever you like. Why not invite friends and family to sing a carol or talk about the meaning of Christmas? Or say a prayer when Mary and Joseph come to the next host.

It's as simple as that.

If you would like to add your name to the Journey Rota please see Ray Wheeler or contact him on 020 8777 5271. Please consider your

involvement – we hope as many of you will join in the Posada and become part of your Christmas journey this year.

*“Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David. He went to be registered with Mary, to whom he was engaged and who was expecting a child.” Luke 2. 4-5*